IN THE DISTRICT COURT OF APPEAL OF THE STATE OF FLORIDA FOURTH DISTRICT, 1525 PALM BEACH LAKES BLVD., WEST PALM BEACH, FL 33401

CASE NO: 4D16-1449 CASE NO: 4D16-1476 CASE NO: 4D16-1478

L.T. No.: 2011CP000653XXXXSB

2014CP003698XXXXNB 2014CP002815XXXXNB

ELIOT IVAN BERNSTEIN

v. TED BERNSTEIN, AS

TRUSTEE, ET AL.

Appellant / Petitioner(s)

Appellee / Respondent(s)

MOTION FOR FOR EXTENSION OF TIME AND TO STAY PROCEEDINGS AND GRANT AN EXTENSION

Comes now Eliot I. Bernstein, pro se Appellant, who respectfully pleads and shows this Court as follows:

1. I am the Appellant pro se and make this motion for a reasonable extension of time to file and serve the Initial Briefs under this Consolidated Order consolidating 3 appeals under main case number 4D16-1449 being case numbers 4D16-1449, 4D16-1476 and 4D16-1478.

- 2. The showing herein is for extraordinary circumstances and the harm to myself and family as Appellant is irreparable and material thus satisfying the conditions of this Court's Sept. 22, 2016 Order.
- 3. In addition to the extreme medical conditions herein which in and of itself constitute extraordinary circumstances, there has also been a State of Emergency in Florida and Evacuation Orders due to Hurricane Matthew with several elevated days of "Warnings" ahead of time resulting in time expended in preparation for a Natural Disaster, the Closure of the 15th Judicial and 4th District Court of Appeals Courts themselves for multiple days, 2 major Holidays (Labor Day) and Jewish holiday Yom Kippur in addition to which my wife Candice who assists me in many matters has been severely sick and ill for nearly 10 days resulting in Medical treatment herself just yesterday and several prescribed medications for her as well.
- 4. The medical conditions I have had over the last 7 weeks include cracked ribs, bruised cartilage and vasovagal attacks are such that the ability to sit and focus at a computer for periods of time has been impossible and further stress is a primary cause of vasovagal attacks, which can lead to further fainting and serious and life threatening injuries.
- 5. Under these circumstances, attempting to complete an Initial Brief for 3 cases plus another separate appeal also due has been impossible.

- 6. I suffer from Vasovagal and have been diagnosed with such over two years ago and this occurred during the litigation and the court was informed at the time of the diagnosis and medical condition that has caused severe injury in the past.
- 7. Vasovagal has several triggers that can cause fainting, including but not limited to,

"Cause

Vasovagal syncope occurs in response to a trigger, with a corresponding malfunction in the parts of the nervous system that regulate heart rate and blood pressure. When heart rate slows, blood pressure drops, and the resulting lack of blood to the brain causes fainting and confusion.[6]

Typical triggers for vasovagal episodes include:[7]

Prolonged standing or upright sitting
Stress directly related to trauma[8]
Stress
Any painful or unpleasant stimuli, such as:
Trauma (such as hitting one's funny bone)
Sudden onset of extreme emotions
Lack of sleep
Coughing
Swallowing"
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8. It should be noted that I had a tracheotomy done with a pen on the side of a road when I was 19 that has been identified as a possible trigger of the

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¹ https://en.wikipedia.org/wiki/Vasovagal_response

- attacks by doctors in the first instance of my Vasovagal attacks and in the first diagnosed instance the fainting led to severe injury from passing out at a friends home and falling forward off a chair directly onto a marble floor, which injury then included bleeding on the brain.
- 9. The damages to my throat and airways was believed to be a primary trigger and if further identified as the cause after upcoming scheduled cardiologist and neurologist appointments and tests, I may need an ENT surgery to fix the damage if possible and this may cause a further delay that I will keep the Court abreast of.
- 10. I suffered from a fall previously in 2013 that caused bleeding on the brain and left me hospitalized for days and suffering from injuries for several months to my skeletal frame in the neck and shoulders caused by the fall.
- 11. I have been to neurologists and cardiologists to make diagnoses of what was happening after the first hospitalization, as sudden fainting can lead to very serious injuries as were sustained in both attacks that led to hospitalization.
- 12. I have been feeling highly stressed handling over 15 legal cases involving the estates of Simon and Shirley Bernstein in both state court and federal court and multiple filings have been due and hearings held that are all contributing to a mass of stress and lack of sleep.

- 13. I was recommended for further treatment after the initial attack and injuries but put off more rigorous tests at that time due to a mass of court filings and criminal complaints that were due at the time and therefore postponed treatment for this medical condition.
- 14. I began feeling vasovagal attacks coming on in June of 2016 and as it grew worse I sought to find a few weeks break to consult with doctors and get treatment. I found the attacks getting to the point of dangerous when I began fainting repeatedly primarily in bed but also while walking about or sitting and working.
- 15. I was planning on scheduling medical visits with both cardiologists and neurologists to determine a course of treatment and sought in advance a several week break and stay to deal with these very serious and life threatening issues and requested such break from opposing counsel Alan Rose and Steven Lessne who refused.
- 16. On 9/5/2016, I fainted in my kitchen and my son Jacob happened to be standing near me when he saw me coughing, then turn purple and then faint. As I began to fall backward my son caught me and broke most of the fall saving me from another traumatic head injury.
- 17. However, my 17 year old son seeing his father unconscious decided to give resuscitation to me and begin CPR which he had seen on TV and learned in

swim class years earlier. Being a varsity athlete he compressed my chest with all of his strength, whereupon he heard a loud cracking and ripping and whereby I woke immediately and cried out asking where he was and did somebody hit him in the chest with a bat.

- 18. I then went to the Emergency room on 9/6/2016 and it was determined that I cracked my ribs and had injured and bruised cartilage and was told it would take 4-6 weeks to heal and was prescribed pain medicine and anti-inflammatory drugs.
- 19. I was advised not to undergo stressful events that could trigger further attacks and seek immediate consultation regarding the fainting spells by a cardiologist and neurologist as soon as I recovered from the rib injury and felt well enough to undergo tests that involve strenuous physical activities, such as stress tests and more.
- 20. I followed up with my primary doctor on 9/12/16 and was ordered to see a cardiologist and neurologist and referrals were made and appointments are now scheduled to have new tests run and determine a course of treatment.
 It is anticipated that after the appointments and tests there will be several weeks to get results and determine further treatment, which may involve a complicated surgery.

- 21. I am scheduled for the soonest appointment with a cardiologist recommended by my Primary Physician after my rib has been given time to heal to perform stress tests and more and after the doctor returns from the holidays on October 17, 2016.
- 22. I am scheduled for the soonest appointment with a neurologist recommended by my Primary Physician on October 24, 2016.
- 23. I have been on pain medication for several weeks already and unable to prepare any briefs or other major filing and have hardly been able to review or respond to the rash of Orders and pleadings filed during this time by this court, the lower court and the attorneys involved, since I notified the court and attorneys of my medical condition, If the court would like to review medical records they are available on request from any or all of the doctors involved.
- 24. I have three children and a wife and I cannot jeopardize my health to accommodate the court's current schedule.

WHEREFORE Appellant prays for a 6 week stay and extension to any filings due in this court and the lower court in order to seek proper and necessary medical treatments and appropriate time to get medical results back as defined herein and determine if I can return to the stress of these proceedings safely. I

will notify the court of the prognosis when I receive the results from doctors and if I can return to work safely before the requested stay time I will give proper notice.

Dated: October 12, 2016

/s/Eliot Ivan Bernstein

Appellant Pro Se 2753 NW 34th ST Boca Raton, FL 33434 Telephone. 561-245-8588 iviewit@iviewit.tv

CERTIFICATE OF SERVICE

Petitioner does hereby certify that the foregoing Petition was served on all parties on the attached service list by e-mail this 12th day of October 2016.

/s/Eliot Ivan Bernstein

Appellant Pro Se 2753 NW 34th ST Boca Raton, FL 33434 Telephone. 561-245-8588 iviewit@iviewit.tv

SERVICE LIST

John P. Morrissey, Esq. 330 Clematis Street, Suite 213 West Palm Beach, FL 33401 (561) 833-0766-Telephone (561) 833-0867 -Facsimile Email: John P. Morrissey (iohn@jrnoiTisseylaw.com)

Lisa Friedstein 2142 Churchill Lane Highland Park, IL 60035 lisa@friedsteins.com

Peter M. Feaman, Esq. Peter M. Feaman, P.A. 3695 West Boynton Beach Blvd., Suite 9 Boynton Beach, FL 33436 (561) 734-5552 -Telephone (561) 734-5554 -Facsimile Email: service@feamanlaw.com: mkoskey@feamanlaw.com	Jill Iantoni 2101 Magnolia Lane Highland Park, IL 60035 jilliantoni@gmail.com
Gary R. Shendell, Esq. Kenneth S. Pollock, Esq. Shendell & Pollock, P.L. 2700 N. Military Trail, Suite 150 Boca Raton, FL 33431 (561)241-2323 - Telephone (561)241- 2330-Facsimile Email: gary@shendellpollock.com ken@shendellpollock.com estella@shendellpollock.com britt@shendellpollock.com grs@shendellpollock.com	Counter Defendant Robert Spallina, Esq. Donald Tescher, Esq. Tescher & Spallina 925 South Federal Hwy., Suite 500 Boca Raton, Florida 33432
Brian M. O'Connell, Esq. Joielle A. Foglietta, Esq. Ciklin Lubitz Martens & O'Connell 515 N. Flagler Dr., 20th Floor West Palm Beach, FL 33401 561-832-5900-Telephone 561-833-4209 - Facsimile Email: boconnell@ciklinlubitz.com; ifoglietta@ciklinlubitz.com; service@ciklinlubitz.com; slobdell@ciklinlibitz.com	Counter Defendant John J. Pankauski, Esq. Pankauski Law Firm PLLC 120 South Olive Avenue 7th Floor West Palm Beach, FL 33401 courtfilings@pankauskilawfi rm.com john@pankauskilawfirm.com
Counter Defendant Mark R. Manceri, Esq., and Mark R. Manceri, P.A., 2929 East Commercial Boulevard	Counter Defendant Donald Tescher, Esq., Tescher & Spallina, P.A. Wells Fargo Plaza

Suite 702 Fort Lauderdale, FL 33308 mrmlaw@comcast.net	925 South Federal Hwy Suite 500 Boca Raton, Florida 33432 dtescher@tescherspallina.co m
Theodore Stuart Bernstein 880 Berkeley Boca Raton, FL 33487 tbernstein@lifeinsuranceconcepts.com	Counter Defendant TESCHER & SPALLINA, P.A Wells Fargo Plaza 925 South Federal Hwy Suite 500 Boca Raton, Florida 33432 dtescher@tescherspallina.co m
Theodore Stuart Bernstein Life Insurance Concepts, Inc. 950 Peninsula Corporate Circle Suite 3010 Boca Raton, FL 33487 tbernstein@lifeinsuranceconcepts.com	Counter Defendant Alan B. Rose, Esq. PAGE, MRACHEK, FITZGERALD, ROSE, KONOPKA, THOMAS & WEISS, P.A. 505 South Flagler Drive, Suite 600 West Palm Beach, Florida 33401 561-355-6991 arose@pm-law.com arose@mrachek-law.com
Pamela Beth Simon 950 N. Michigan Avenue Apartment 2603 Chicago, IL 60611 psimon@stpcorp.com	Counter Defendant L. Louis Mrachek, Esq. PAGE, MRACHEK, FITZGERALD, ROSE, KONOPKA, THOMAS & WEISS, P.A. 505 South Flagler Drive, Suite 600 West Palm Beach, Florida 33401

	561-355-6991 lmrachek@mrachek-law.com
Jill Iantoni 2101 Magnolia Lane Highland Park, IL 60035 jilliantoni@gmail.com	Counter Defendant Pankauski Law Firm PLLC 120 South Olive Avenue 7th Floor West Palm Beach, FL 33401
Lisa Sue Friedstein 2142 Churchill Lane Highland Park, IL 60035 lisa.friedstein@gmail.com lisa@friedsteins.com	Dennis McNamara Executive Vice President and General Counsel Oppenheimer & Co. Inc. Corporate Headquarters 125 Broad Street New York, NY 10004 800-221-5588 Dennis.mcnamara@opco.co m info@opco.com
Dennis G. Bedley Chairman of the Board, Director and Chief Executive Officer Legacy Bank of Florida Glades Twin Plaza 2300 Glades Road Suite 120 West – Executive Office Boca Raton, FL 33431 info@legacybankfl.com DBedley@LegacyBankFL.com	Hunt Worth, Esq. President Oppenheimer Trust Company of Delaware 405 Silverside Road Wilmington, DE 19809 302-792-3500 hunt.worth@opco.com
James Dimon Chairman of the Board and Chief Executive Officer JP Morgan Chase & CO. 270 Park Ave. New York, NY 10017- 2070 Jamie.dimon@jpmchase.com	Neil Wolfson President & Chief Executive Officer Wilmington Trust Company 1100 North Market Street Wilmington, DE 19890-0001 nwolfson@wilmingtontrust.c om

William McCabe	STD Enterprises Inc
Oppenheimer & Co., Inc.	STP Enterprises, Inc. 303 East Wacker Drive
85 Broad St Fl 25	Suite 210
New York, NY 10004	Chicago IL 60601-5210
William.McCabe@opco.com	psimon@stpcorp.com
Charles D. Rubin Managing Partner Gutter Chaves Josepher Rubin Forman Fleisher Miller PA Boca Corporate Center 2101 NW Corporate Blvd., Suite 107 Boca Raton, FL 33431-7343 crubin@floridatax.com	Ralph S. Janvey Krage & Janvey, L.L.P. Federal Court Appointed Receiver Stanford Financial Group 2100 Ross Ave, Dallas, TX 75201 rjanvey@kjllp.com
Kimberly Moran Tescher & Spallina, P.A. Wells Fargo Plaza 925 South Federal Hwy Suite 500 Boca Raton, Florida 33432 kmoran@tescherspallina.com	Lindsay Baxley aka Lindsay Giles Life Insurance Concepts 950 Peninsula Corporate Circle Suite 3010 Boca Raton, FL 33487 lindsay@lifeinsuranceconcep ts.com
Gerald R. Lewin CBIZ MHM, LLC 1675 N Military Trail Fifth Floor Boca Raton, FL 33486	CBIZ MHM, LLC General Counsel 6480 Rockside Woods Blvd. South Suite 330 Cleveland, OH 44131 ATTN: General Counsel generalcounsel@cbiz.com (216)447-9000
Albert Gortz, Esq. Proskauer Rose LLP One Boca Place 2255 Glades Road Suite 421 Atrium	Heritage Union Life Insurance Company A member of WiltonRe Group of Companies 187 Danbury Road

Boca Raton, FL 33431-7360 agortz@proskauer.com	Wilton, CT 06897 cstroup@wiltonre.com
Estate of Simon Bernstein Brian M O'Connell Pa 515 N Flagler Drive West Palm Beach, FL 33401 boconnell@ciklinlubitz.com	Counter Defendant Steven Lessne, Esq. Gray Robinson, PA 225 NE Mizner Blvd #500 Boca Raton, FL 33432 steven.lessne@gray- robinson.com
Byrd F. "Biff" Marshall, Jr. President & Managing Director Gray Robinson, PA 225 NE Mizner Blvd #500 Boca Raton, FL 33432 biff.marshall@gray-robinson.com	Steven A. Lessne, Esq. Gunster, Yoakley & Stewart, P.A. 777 South Flagler Drive, Suite 500 East West Palm Beach, FL 33401 Telephone: (561) 650-0545 Facsimile: (561) 655-5677 E-Mail Designations: slessne@gunster.com jhoppel@gunster.com eservice@gunster.com
T&S Registered Agents, LLC Wells Fargo Plaza 925 South Federal Hwy Suite 500 Boca Raton, Florida 33432 dtescher@tescherspallina.com	David Lanciotti Executive VP and General Counsel LaSalle National Trust NA CHICAGO TITLE LAND TRUST COMPANY, as Successor 10 South LaSalle Street Suite 2750 Chicago, IL 60603 David.Lanciotti@ctt.com
Joseph M. Leccese Chairman Proskauer Rose LLP Eleven Times Square	Brian Moynihan Chairman of the Board and Chief Executive Officer 100 N Tryon St #170,

New York, NY 10036	Charlotte, NC 28202
jleccese@proskauer.com	Phone:(980) 335-3561
ADR & MEDIATIONS SERVICES, LLC Diana Lewis 2765 Tecumseh Drive West Palm Beach, FL 33409 (561) 758-3017 Telephone Email: dzlewis@aol.com (Fla. Bar No. 351350)	